



Peppertree GP

Newsletter

Welcome!

All of the Peppertree GP team would like to welcome you to the practice and the first edition of our Newsletter. Our commitment....

To provide our patients and community with professional, high quality, comprehensive healthcare services.



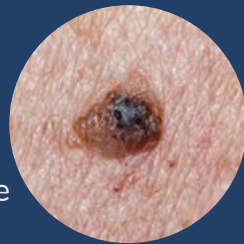
MEET Our Team

Dr Mohammed is our principal GP and one of our practice owners. He is a fellow of the Australian College of Rural and Remote Medicine and a Clinical Educator and Supervisor. He is passionate about caring for his patients. Outside of work, he enjoys walking, reading and spending time with his young family.



PUT YOUR SKIN CHECK TO THE TOP OF YOUR LIST!

Australia has one of the highest rates of skin cancer in the world. Two in three Australians will be diagnosed with some form of skin cancer before the age of 70. The earlier the detection, the better the outcome.



Our doctors will assess your risk of skin cancer and advise how frequently you should have your skin checked. For a limited time, Dr Mohammed and Dr Karan are offering **BULK BILLED** skin checks for all registered patients.

CUT THE RISK...

- SLIP on clothing
- SLAP on a hat 
- SLOP on sunscreen 
- SLIDE on sunglasses 
- SEEK shade 
- AVOID solariums 

MEDOWIE CHRISTMAS CARNIVAL

Saturday 2 Dec 3pm - 8pm

Ferodale Sports Complex,

36 Ferodale Road, Medowie

www.medowiechristmascarnivdl.com

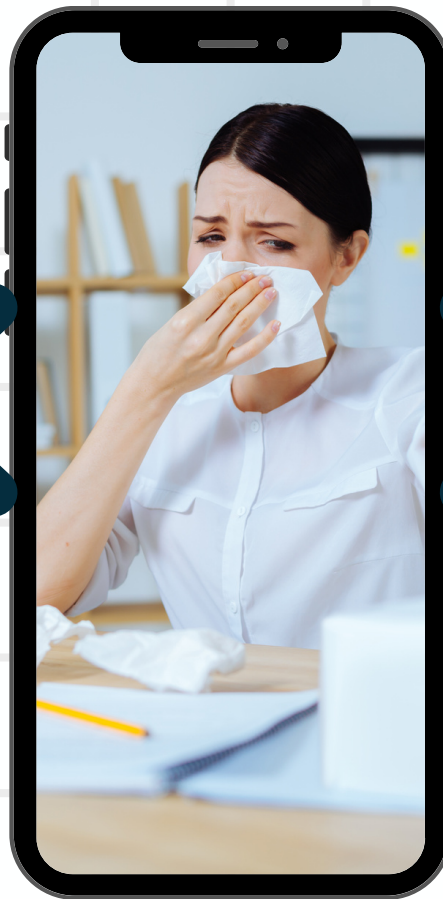


OUT OF HOURS & NEED **URGENT** CARE?

Outside of practice open hours, call us on 8378 4206. Your call will divert to the **13SICK** service. If needed, their large team of doctors will visit you at home and provide bulk-billed services to all Medicare and Gold DVA card holders.



ACCREDITED UNDER THE STANDARDS OF THE ROYAL AUSTRALIAN COLLEGE OF GENERAL PRACTITIONERS



Call **GP Access** on **1300 130 147**.

This service is manned by Registered Nurses who can offer advice and book telehealth consultations and face-to-face appointments, with a doctor, if necessary. Services are bulk-billed for all eligible consultations. Face-to-face services operate out of the following locations: John Hunter Hospital, Calvary Mater Hospital, Maitland Hospital, Belmont Hospital and Westlakes Community Health Center.



**FOR MEDICAL EMERGENCIES,
CALL 000**

INTRODUCING OUR NEW DOCTOR...

Dr Hafsa Al-Khalil

Special interest in:

Women's Health
Family Planning
(including IUD and implanon insertion and removal)

Children's health

Family medicine

Chronic disease management



HEALTHY OPTION - BIRCHER MUSELI

INGREDIENTS

- 1 cup of oats
- 1 cup of milk (your choice)
- 1 tablespoon of honey
- 1 1/2 tablespoons desiccated coconut
- 1/2 apple, grated

DIRECTIONS

- Mix all the ingredients in a bowl
- Place in the fridge overnight



Add other ingredients to taste, such as blueberries, strawberries or nuts

LATE NIGHT OPENING

Every **Tuesday** and **Thursday**
until **7pm**

ALL appointments between 5:30pm and 7pm will attract a private fee